



EWES

EUROPEAN WILDERNESS
EDUCATION SCHOOL



EWES WILDERNESS GUIDE TRAINING Wilderness Guide Level 1 Program

2026

www.ewes.earth



ABOUT EWES

We are a wilderness guide training school led by a passionate team of highly experienced and qualified instructors. Our core values include personal growth, respect for people and nature, self-awareness, proactivity, and learning through experience.

At EWES, we believe that learning is a lifelong journey for both instructors and students. We value progressive improvement over rigid evaluations, focusing on cultivating awareness and a positive attitude as the true foundations of success.

Our training blends the hard skills needed to live and work in the wilderness with the soft skills required to create meaningful and memorable experiences for others. Participants develop competencies in wilderness expeditions, survival techniques, wildlife observation, interpretive guiding, and hospitality, while also fostering personal growth and a deeper reconnection with nature.

We are part of a growing international network built on professional collaboration and genuine human connections. Would you like to join us on this exciting journey?

The EWES Team





WILDERNESS GUIDE LEVEL 1 PROGRAM

The **Wilderness Guide Level 1 (WG1)** is EWES's most comprehensive professional training program, designed for individuals with prior experience in outdoor environments who work, or intend to work, guiding groups or leading activities in remote and natural settings. Training takes place in diverse ecoregions, including temperate forests, cold climates, and arid environments.

Delivered over different periods of the year, the program combines five weeks of field training with twelve hours of online sessions. This structure allows participants to develop advanced skills for professional wilderness guiding while maintaining flexibility to work or manage other commitments.

Upon successfully completing all the program's requirements (as described in the page num 7), participants will be awarded the **Wilderness Guide Level 1 Certificate**. This certificate serves as formal recognition of their expertise in wilderness guiding.

During the course you will be challenged on multiple levels: socially, by working closely within a group; personally, as you step beyond your comfort zone; and physically, by adapting to the realities of wilderness life.

Expect to hike 5 to 10 km per day with moderate elevation gain (commonly up 500-750 m), carrying a 15 kg backpack (or heavier) for several consecutive days, cooking and sleeping outdoors and adapting to conditions where food and water may be limited and temperatures may be extreme.

At EWES, we believe that mindset is as important as physical readiness. A positive attitude, curiosity and a willingness to embrace the unknown are the real foundations of success. This program will not only refine your technical and leadership abilities, but will also strengthen your resilience and deepen your connection to nature — qualities that will stay with you long after the training ends.








LEARNING OBJECTIVES

- 1 Explore your “out-of-the comfort” zone in order to enhance personal growth.
- 2 Deepen your connection to nature and personal journey as a Wilderness Guide.
- 3 Maintain a positive and constructive attitude at all times.
- 4 Function as a key figure and communicator in socially and culturally sensitive situations.
- 5 Profound understanding of group processes and application of leadership techniques.
- 6 Apply the Leave no Trace principle and transmission of sustainable practices.
- 7 Create a Go Prepared Protocol for multi-day activities in wilderness areas.
- 8 Navigation, survival, hiking, camping, guiding and other outdoor skills relevant to specific eco regions according to selected module.
- 9 Skills and knowledge building necessary to deliver meaningful experiences and develop and execute business cases relevant to the work field.
- 10 Interpretative guiding, rewilding practices, ecology and nature protection.





TRAINING STRUCTURE

CORE MODULES		
MODULE 0	ONLINE SESSIONS 12 hours + planning	<ul style="list-style-type: none"> • Kick-off meeting • Rewilding & Interpretive guiding • Risk Management • Introduction to Navigation • Wilderness Nutrition • Q&A
MODULE 1	CORE GUIDING SKILLS 7 days – 67 hours (weekend self-paced learning) 📍 Pla de CampLlong (Spain)	<ul style="list-style-type: none"> • Outdoor Leadership • Group dynamics • Personal Development • Business Development • Camp life • Wilderness Cooking • Interpretative Guiding • Environmental awareness • Navigation Route Planning • Expedition Planning “Go Prepare” (Transportation, Rationing, Equipment, etc.) 
MODULE 2	WILDERNESS ADVANCED FIRST AID (WAFA) 5 days – 55 hours 📍 Pla de CampLlong (Spain)	<ul style="list-style-type: none"> • Patient assessment: CRM, ABCDE protocol, CPR • Treatment of wounds, minor trauma, fractures, and splints • Environmental emergencies: hypothermia, hyperthermia, altitude, and dehydration • Patient mobilization and improvised evacuation • Bites, stings, travel medicine, and prevention • Remote rescue essentials: communication, search strategies, and basic rope systems 
MODULE 3	ADVANCED WILDERNESS GUIDING SKILLS 7 days – 82 hours + planning hours 📍 Vall de Madriu (Andorra)	<ul style="list-style-type: none"> • Outdoor leadership • Group dynamics • Personal development • Risk management in mountain terrain • Progression techniques in mountain terrain • Wilderness Campcraft • Shelter building and tarp systems • Survival principles, fire making and water purification • Bushcraft skills and tool handling • Mountain navigation and expedition practice 



TRAINING STRUCTURE

SPECIALIZATIONS (ELECTIVE MODULES)

COLD ENVIRONMENTS	<p>7 days - 82 hours + planning hours</p> <ul style="list-style-type: none"> • Leadership, Personal Development and Risk Management • Expedition Planning "Go Prepare" (Transportation, Rationing, Equipment, etc.) • Advanced Navigation in Snowy Terrain and Winter Scenarios • Rescue, Search, Evacuation and First Aid protocols in Cold Environments • Snow Progression Techniques on Snow with Snowshoes, Skis and Pulk • Wilderness Equipment for Cold Environments and Winter Conditions • Survival techniques, camp practices, and Snow Shelter Building in Cold Environments • Nutritional Strategies for Cold Environments and Winter Expeditions <p>📍 Lillehammer (Norway)</p>	
ARID ENVIRONMENTS	<p>7 days - 82 hours + planning hours</p> <ul style="list-style-type: none"> • Leadership, Personal Development and Risk Management • Expedition Planning "Go Prepare" (Transportation, Rationing, Equipment, etc.) • Tracking and Wildlife Observation in Arid Ecosystems • Advanced Navigation in Arid Environments • Rescue, Search, Evacuation and First Aid protocols in Arid Environments • Progression Techniques on Various Arid Terrains • Wilderness Equipment for Arid Environments and Warm Weather Conditions • Survival Techniques, camp practices, and Shelter Building in Arid Environments • Nutritional Strategies for Warm Weather Conditions Expeditions <p>📍 TBC (Spain)</p>	
WILDER NATURE	<p>7 days - 82 hours + planning hours</p> <ul style="list-style-type: none"> • Leadership, Personal Development and Risk Management • Expedition Planning "Go Prepare" (Transportation, Rationing, Equipment, etc.) • Interpretative Guiding, Wildlife Observation and Encounters • Wildlife Tracking (Track & Sign Identification and Trailing) • Community Development & Hosting • Wilderness Ethics & Professionalism • Experience Design & Group Management • Rewilding and Wilderness Ecology • Advanced Guiding & Naturalist skills <p>📍 Tarcu Mountains (Romania)</p>	



TRAINING LOCATIONS

CORE MODULES

📍 Pla de Campllong, Spain

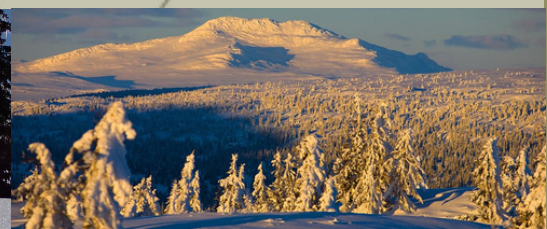
📍 Vall de Madriu, Andorra



📍 COLD ENVIRONMENTS

COLD ENVIRONMENTS

📍 Lillehammer, Norway



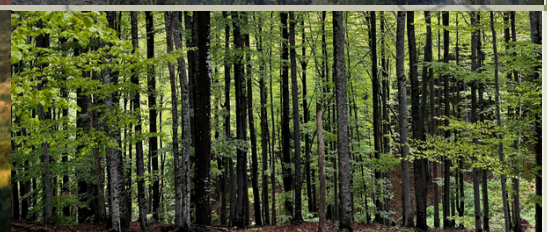
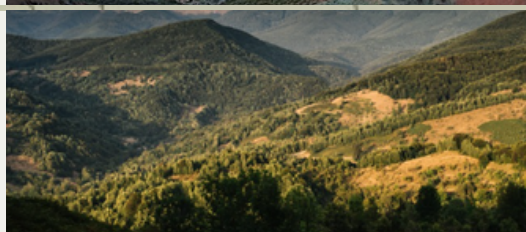
ARID ENVIRONMENTS

📍 South Spain



WILDER NATURE

📍 Tarcu Mountains, Romania



📍 CORE MODULES

📍 ARID ENVIRONMENTS

📍 WILDER NATURE

IMPORTANT NOTE: Please also note that training locations may be subject to change due to weather conditions, local regulations, permits, or unforeseen circumstances. In such cases, we will always strive to provide the best possible experience, ensuring safety and quality throughout the training.



TRAINING DETAILS

Core modules: **2.750€** + Elective Module fees (see website)

Program Dates:

WG1 – SPRING EDITION 2026

APR 12 – 19, '26	M1 – Core Guiding Skills
APR 20 – 25, '26	M2 – WAFA
APR 27 – MAY 3, '26	M3 – Adv. Guiding Skills
MAY 25 – 31, '26	Wilder Nature
JUNE 22 – 28, '26	Arid Environments
FEB/MARCH, '27	Cold Environments

WG1 – AUTUMN EDITION 2026

SEP 20–27, '26	M1 – Core Guiding Skills
SEP 28 – OCT 2, '26	M2 – WAFA
OCT 5 – 11, '26	M3 – Adv. Guiding Skills
FEB/MARCH '27	Cold Environments
MAY '27	Wilder Nature
JUNE 2027	Arid Environments

Wilderness Guide Level 1 Certification Requirements:

To obtain the WG1 Certificate, participants must complete the following modules within a maximum of two years from the start of field training:

WG1 Core Modules:

- Online Sessions
- Core Guiding Skills
- Wilderness Advanced First Aid (WAFA)
- Advanced Wilderness Guiding Skills

WG1 Specializations (2 out of 3 required)

- Arid Environments
- Cold Environments
- Wilder Nature



Language of training:
English



Minimum access requirements:
See next page



Minimum/maximum of participants:
10/14



Total Training Time:

- 12 hours online
- 380 hours presential
- Planning and Self Study

Included:

- Personal interview and evaluation
- Online Sessions (12 hours)
- M1 – Core Guiding Skills (7 days)
- M2 – Wilderness Advanced First Aid (5 days)
- M3 – Advanced Wilderness Guiding Skills (7 days)
- Over 15 EWES qualified Instructors
- Training manuals
- Online learning environment
- Lodging area during the training days (only for Core Modules)
- Legal permits and liability insurance
- Certificates of completion
- WAFA certificate (valid for 3 years)
- WG1 certificate (after completing Core Modules + 2 Specializations)

Not included:

- Travel expenses
- Lodging out of training days and electives modules (unless differently described)
- Personal equipment
- Personal expenses if any
- Travel expenses to destinations
- Food during training days (unless differently described)
- Health insurance (MANDATORY)
- Personal accident insurance (HIGHLY RECOMMENDED)



TRAINING ACCESS REQUIREMENTS

The Wilderness Guide Level 1 is an immersive outdoor program that includes social, personal, and physical challenges. Throughout the training, you will have opportunities to explore your limits, develop new skills, and learn collaboratively. To support safety and a positive learning experience for everyone, we ask participants to consider the following **access requirements**:

Personal Attitude & Mindset

- Positive attitude and willingness to explore the unknown.
- Emotional stability and ability to collaborate constructively in group settings.
- Curiosity, responsibility and readiness for challenge and growth.

Physical & Outdoor Readiness

- Comfort with hiking **5 to 10 kilometres per day** with **moderate elevation gain** (commonly up 500–750 m), carrying a **15 kg backpack (or heavier)**.
- Willingness to **live outdoors for several consecutive days** (sleeping in tents or huts, cooking & washing outside, managing discomfort).
- Be aware that conditions may include **irregular food and water supplies** and exposure to cold, heat and challenging weather.

Prior Outdoor Experience

- **Experience camping in the wild**, including setting up a tent, cooking outdoors, and spending nights in natural environments (not in established campgrounds with facilities).
- **Experience completing a multi-day trek**, carrying a backpack and moving from place to place over several consecutive days (for example, a hut-to-hut route or a long-distance trail).
- **Basic navigation skills**: orienting in natural terrain, reading topographic maps and using a compass to take and follow bearings.

Equipment Management

- Participants must **bring and manage all required personal equipment**. (See next page for the full gear list.)
- Equipment management is a baseline competency for any professional wilderness guide.

IMPORTANT NOTE: All points will be discussed and explored together during a **personal interview** conducted at the time of registration. If you have any doubts or questions about these requirements, please feel free to contact us (info@ewes.earth).





TRAINING EQUIPMENT

Personal equipment required (Core Modules):

- Laptop, Pen & Journal (At least 1 computer every 3 participants)
- Personal gear and clothing (To be dry, comfortable and warm during outdoor living)
- Swimming Set (Swimsuit, towel and sandals)
- Hiking clothing (comfortable trousers, T-shirts, fleece, etc.)
 - Outer layer: Windproof/waterproof trousers and jacket
 - Insulation layer: Down/Synthetic jacket
 - Thermal layer: Synthetic/wool top and pants
 - Base layer: Synthetic/wool clothes top and pants
 - Head: Synthetic/wool beanie, buff and sunglasses
 - Hands: Synthetic/wool gloves (Thin and thick)
 - Feet: Synthetic/wool-thin/tick socks
- Hiking boots (High cut, vibram sole & goretex membrane or similar)
- Hiking poles
- Backpack with cover (minimum 45 liters) and dry bags
- Sleeping shelter: Tent and tarp (with min. 15m and 3-5 mm thick paracord)
- Sleeping gear: Sleeping bag (Recommended min. -5° comfort) , inflatable mat, foam mat, etc.
- Drink containers: Nalgene bottles, camelback, thermo flasks, etc.
- Personal cooking and set: Gas Stove and fuel, pot, cutlery, plate, mug, etc.
- Navigation: Compass, map and case.
- Electronics: Headlight, powerbank and spare batteries
- Other items: Scandi knife, firesteel, lighter, survival & repair kit, etc.
- Medical and personal care: First Aid kit, personal medication, sunscreen, lip salve, etc.



MEET THE TRIBE



Bram von Blomberg

**EWES Director &
Ecology specialist**

"I love diversity,
movement, nature,
wilderness, family."

"I love being in nature,
share with others, feel
connected with something
bigger than us."

Anna Gili

**EWES Admissions &
Learner support**



Gerard van der Berg

**EWES Founder &
Leadership specialist**

"I love to learn & evolve,
serve, live in the now,
to enjoy,
being challenged."

"I love to help others,
share, travel, enjoy
family and friends, I
love nature."

Ester Giménez

EWES Finance



Rafa Carrasco

**EWES Lead Learning Coordinator &
EWES Instructor**

"I love nature & challenges,
being out of my comfort
zone, learning,
to share my passion,
listening & supporting
others."

"I love nature, real connections,
family, travelling and creating
communication that inspires,
feels and connects deeply."

Iris Nebot

**EWES Marketing &
Communications**





MEET THE TRIBE



Peter Blokland
EWES Instructor
Leadership Specialist

"I love being in the wilderness, music, live in the now, travel, learn, and make a positive impact on the people and the world."

"I love nature in all seasons, discover places and feel calm alone. learning everyday from observations, Share experiences and improve, helping hand."

Eduard Lopéz
EWES Instructor
Mountain Guiding
Specialist



Kike Gallardo
EWES Instructor
Cooking & nutrition
specialist

"I love eating from what we find in nature, I believe cooking is the perfect excuse to share quality time with people."

"I love challenges, nature-connection, wilderness, team-work, a good laugh."

Georg Messerer
EWES Instructor
Wildlife & Tracking
specialist



Josetxu Estebanez
EWES Instructor
Mountain Rescue
specialist

"I love going to remote places on my own, also sharing a good laugh."

"I love to learn, the wild nature, meet interesting people, to teach others, new challenges, & to feel nature."

Jose Maria Galán
EWES Instructor
Tracking & Wildlife
specialist





MEET THE TRIBE



Albert Vila

**EWES Instructor
Bushcraft & Survival
specialist**

"I love to be, live and work in the outdoors, share and teach with other my survival skills, learn new things every day."

"I love being happy, have good friends, grow every day, be connected with nature, share my life."

David Boix

**EWES Instructor
Navigation specialist**



Cristian Perez

**EWES Instructor
Navigation specialist**

"I love nature & challenges, being out of my comfort zone & learning, to share my passion, listening & helping."

"I love being with nature, learn from and about her, share my knowledge in a way that challenges the brain and body."

Miro Helmers

**EWES Instructor
Navigation specialist**



Hector Simon

**EWES Instructor
Wilderness First Aid
specialist**

"I love to adapt and learn, help and serve.
Enjoying a life participating in nature."

"I love the nature of the wild and unexpected challenges that come from adventure."


John Carr

**EWES Instructor
Emergency Remote Rescue
Specialist**





WE ARE



Creating experiences of
Being and
learning in
nature

We believe all life on earth is connected.

We are one. . . we are nature.

We are **co-creating** a world in which all beings are connected to everyone and everything.

We do this by creating experiences of **being and learning** in nature and inspiring to lead and live from that wisdom.

The experience of our guides and experts allow us to explore to the edge within a **caring and empowering environment** and the best safety standards framework.

After fifteen years **learning, growing and evolving**,
EWES has transformed into an intentional community of purpose driven, committed, passionate individuals who thrive in the knowledge, a continuous pursuit for genuine growth and evolution targeting **health, awareness**, and most of all joy for life.

Dare to join us on that wonderful journey



www.ewes.earth



CONTACT INFORMATION EWES

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 [ewes.earth](https://www.instagram.com/ewes.earth)

The EWES Wilderness Guide Training program is accredited by the Wilderness Guides Association (WGA) and is supported by ETEVA and ICEMP, professional mountain sports schools accredited by Spain's Ministry of Education, as complementary training for professional mountain guides.



www.wildernessguidesassociation.com



www.eteva.org



Institut Centre d'Esports de Muntanya del Pallars

www.icempallars.net

www.ewes.earth